You will need:

- 3 identical sheets of paper
- Blindfold
- Several different food items
- Something to take notes on

Directions:

One of the things that helps make enrichment and training successful is knowing a preferred "reward." This activity will help you learn your pet's or family member's preferences through testing what they like and don't like. For example, we know Steve loves pizza, so he is more motivated to complete a specific task with pizza as a reward verses something like onion rings. What do you prefer?

1. **Pet version:** Grab 3 pieces of identical paper and 3 food options. Place 1 food item on each sheet of paper while you pet is in another room or waiting patiently nearby.

2. Let them into the room (or give them their release command) and see what food item they choose first. Write down their choice.

3. Set-up it up again with the same food items but make sure the items are in a different order from the last round.

4. Release your pet and record the item they choose first. Do this for a few more rounds and see if there is an item that is a clear winner. If there isn't try different food items to see if there is no true preference or if it was just the items being offered.

5. **Human version:** Blindfold a friend or family member. Offer them 3 food items and see if they have a preference.

6. After they pick their "favorite" try several more rounds always including the favorite item from the previous round and two new items. See what is the ultimate winner for them.

11. Share your results on our Facebook page "Adventures in EdZOOcation" or tag the North Carolina Zoo at #NCZOO or #NCZOOED.

Step 1

Step 2

Step 3