

## You will need:

- Cereal box
- Paint or construction paper
- Tape
- Scissors
- Pencil or marker
- Any smallish ball shaped objects to throw in the bear's mouth

## Optional:

- Wiggly eyes



## Directions:

1. Cut the top flaps off your cereal box. Then cut the back of the box down the sides, leaving the bottom intact (see photo).



Step 1

2. On the front of the box, draw out and then cut out a bear head.

**Note:** Make sure to leave about 1-2" of each side panel intact to keep your bear's head standing up.



Step 2

3. Draw out the bear's mouth and then cut the mouth out so you can feed your bear!



Step 3

4. Either paint your bear black or trace the head and mouth onto black construction paper. Cut out and glue onto the box.



Step 4

5. Decorate your bear's head however you would like.



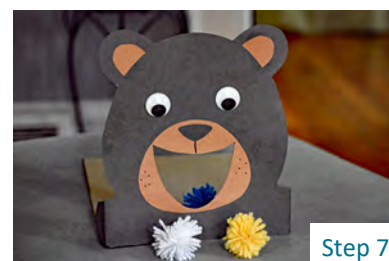
Step 5

6. To stabilize your bear, put a large piece of tape on the bottom flaps and the crease between the bottom and the back .



Step 6

7. Find any round, smallish objects (small balls, popcorn, blueberries, grapes, pom poms, etc.) and toss your "food" into the bear's mouth and see who can get the most food in!



Step 7

8. For more fun, assign a calorie amount to each object (100, 200 or 500 calories depending on how many objects you have). In 30-60 seconds time, see if you can feed your bear 20,000 calories which is the amount a black bear needs to eat every day in the fall right before denning!!!

9. Show us your well fed bear on our Facebook page "Adventures in EdZOOcation" or tag the North Carolina Zoo at #NCZOO or #NCZOOED.